

一月 January			二月 February			三月 March			四月 April			五月 May			六月 June		
1	Thu	元旦 New Year's Day	1	Sun	Catechumen Weekend (II)	1	Sun	Catechumen Weekend (V)	1	Wed	八天個人避靜 8-day Retreat 30Mar-7 Apr 耶穌受難節 Good Friday 耶穌受難節翌日 The day following Good Friday 清明節翌日 The day following Ching Ming Festival 復活節星期一翌日 The day following Easter Monday	1	Fri	勞動節 Labour Day	1	Mon	普通話七天個人避靜 Mandarin 7-day Retreat 8-15 June
2	Fri		2	Mon		2	Mon		2	Thu			2	Tue			
3	Sat		3	Tue		3	Tue		3	Fri			3	Wed			
4	Sun	依納爵靈修工作坊 (一) Ignatian Workshop I 4-6 Jan	4	Wed		4	Wed		4	Sat			4	Thu			
5	Mon			5	Thu		5	Thu		5		Sun		5	Fri		
6	Tue		6	Fri		6	Fri		6	Mon			6	Sat			
7	Wed		7	Sat	慕道者靈修週末 (三) Catechumen Weekend (III)	7	Sat	慕道者靈修週末 (六) Catechumen Weekend (VI)	7	Tue			7	Thu			
8	Thu		8	Sun		8	Sun		8	Wed		8	Fri	Contemplation Course Fr. Stephan Rothlin, S.J. 8-10 May			
9	Fri		9	Mon	依納爵靈修工作坊 (二) Ignatian Workshop II 8-10 Feb	9	Mon		9	Thu		9	Tue				
10	Sat		10	Tue		10	Tue		10	Fri		10	Wed				
11	Sun		11	Wed		11	Wed		11	Sat		11	Thu				
12	Mon		12	Thu		12	Thu		12	Sun	依納爵靈修工作坊 (四) Ignatian Workshop IV 12-14 Apr	12	Fri				
13	Tue		13	Fri		13	Fri		13	Mon		13	Sat				
14	Wed		14	Sat	慕道者靈修週末 (四) Catechumen Weekend (IV)	14	Sat	慕道者靈修週末 (七) Catechumen Weekend (VII)	14	Tue		14	Thu	(耶穌升天 Ascension)			
15	Thu		15	Sun		15	Sun		15	Wed		15	Fri				
16	Fri		16	Mon	依納爵靈修工作坊 (三) Ignatian Workshop III 15-17 Mar	16	Mon	依納爵靈修工作坊 (三) Ignatian Workshop III 15-17 Mar	16	Thu		16	Sat				
17	Sat		17	Tue		17	Tue		17	Fri		17	Wed				
18	Sun		18	Wed	休息 House Closed 15-22 Feb (聖灰日) (Ash Wednesday)	18	Wed		18	Sat		18	Mon	依納爵靈修工作坊 (五) Ignatian Workshop V 17-19 May			
19	Mon		19	Thu		19	Thu		19	Sun		19	Tue				
20	Tue		20	Fri	農曆年初一 Lunar New Year's Day	20	Fri		20	Mon		20	Wed				
21	Wed		21	Sat	農曆年初二 2nd day of Lunar New Year	21	Sat	慕道者靈修週末 (八) Catechumen Weekend (VIII)	21	Tue		21	Thu				
22	Thu		22	Sun	農曆年初三 3rd day of Lunar New Year	22	Sun		22	Wed		22	Fri				
23	Fri		23	Mon		23	Mon		23	Thu		23	Sat				
24	Sat	慕道者靈修週末 (一) Catechumen Weekend (I)	24	Tue		24	Tue		24	Fri	祈禱工作坊 Prayer Workshop 23-26 Apr	24	Sun	(聖神降臨 Pentecost)			
25	Sun		25	Wed		25	Wed		25	Sat			25	Mon	佛誕 The Buddha's Birthday		
26	Mon	祈禱工作坊 Prayer Workshop 25-28 Jan	26	Thu		26	Thu		26	Tue		26	Tue				
27	Tue			27	Fri		27	Fri		27	Wed		27	Wed			
28	Wed		28	Sat		28	Sat		28	Thu		28	Thu				
29	Thu		29	Sun	慕道者靈修週末 (五)	29	Sun	(聖枝主日 Palm Sunday)	29	Wed		29	Fri				
30	Fri		30	Mon		30	Mon	八天個人避靜 8-day Retreat 30 Mar-7 Apr	30	Thu		30	Sat				
31	Sat	慕道者靈修週末 (二)	31	Tue		31	Tue		31	Sun		31	Sun				



七月 July		八月 August		九月 September		十月 October		十一月 November		十二月 December				
1	Wed	香港特區成立紀念日 HKSAR Establishment Day		1	Sat		1	Thu	國慶日 National Day		1	Tue		
2	Thu		八天個人避靜 8-day Retreat 2-10 Aug	2	Sun		2	Fri		八天主題避靜 8-day Retreat 3-11 Nov Theme: Discernment 主題: 分辨	2	Wed		
3	Fri			3	Mon		3	Sat			3	Thu		
4	Sat	祈禱工作坊 Prayer Workshop 3-6 July		4	Tue		4	Sun			4	Fri		
5	Sun			5	Wed		5	Mon			5	Sat		
6	Mon			6	Thu		6	Tue			6	Sun		
7	Tue			7	Fri		7	Wed			7	Mon		
8	Wed			8	Sat		8	Thu			8	Tue		
9	Thu			9	Sun		9	Fri			9	Wed		
10	Fri		10	Mon		10	Sat		10	Thu				
11	Sat		11	Tue		11	Fri		11	Fri	從依納爵靈修默觀公義 Contemplating Social Justice 11-13 Dec			
12	Sun		12	Wed		12	Sat		12	Thu				
13	Mon		13	Thu		13	Sun	祈禱工作坊 Prayer Workshop 11-14 Oct		13	Sun			
14	Tue		14	Fri		14	Mon		13	Fri	男士避靜 Men's Retreat 13-15 Nov			
15	Wed		15	Sat		15	Tue		14	Sat				
16	Thu		16	Sun		16	Wed		15	Sun				
17	Fri		17	Mon	八天主題避靜 8-day Retreat 14-22 Sept Theme: Healing in Life 主題: 生命的治癒		17	Thu		16	Mon			
18	Sat		18	Tue	祈禱工作坊 Prayer Workshop 16-19 Aug		18	Fri		17	Tue			
19	Sun		19	Wed		19	Sat		18	Wed	依納爵靈修工作坊 (五) Ignatian Workshop (V) 18-20 Dec			
20	Mon	八天個人避靜 8-day Retreat 17-25 July		20	Thu		20	Sun		19	Thu	祈禱工作坊 Prayer Workshop 19-22 Nov		
21	Tue		21	Fri		21	Mon		20	Fri				
22	Wed		22	Sat		22	Tue		21	Sat	祈禱工作坊 Prayer Workshop 20-23 Dec			
23	Thu		23	Sun		23	Wed		22	Sun				
24	Fri		24	Mon		24	Thu		23	Mon				
25	Sat		25	Tue		25	Fri		24	Tue				
26	Sun		26	Wed		26	Sat	依納爵靈修工作坊 (二) Ignatian Workshop (II) 25-27 Sept		25	Wed			
27	Mon		27	Thu		27	Sun		26	Thu				
28	Tue		28	Fri	依納爵靈修工作坊 (一) Ignatian Workshop (I) 28-30 Aug		28	Mon	中秋節翌日 The day following the Mid-Autumn Festival		26	Thu		
29	Wed		29	Sat		29	Tue		27	Fri	依納爵靈修工作坊 (四) Ignatian Workshop (IV) 27-29 Nov			
30	Thu		30	Sun		30	Wed		28	Sat				
31	Fri		31	Mon		31	Thu		29	Sun				
							Fri	依納爵靈修工作坊 (三) Ignatian Workshop (III)		30	Wed	除夕感恩避靜 New Year's Eve Retreat 30 Dec-1 Jan 2016		
							Sat		31	Thu				

除上述活動外，歡迎個人或團體到本院作避靜 Besides the above events, individual and communal retreats are also welcomed
 電話 Tel : (852) 2981 0342 電郵 E-mail : xhisc@ignatian.net 詳情請瀏覽本院網址 Please find details on our website : <http://xavier.ignatian.net>